

The Perioclinic  
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Diplomates of the American Board of Periodontology

This will become part of your office record and will be held in strict confidence.

**MEDICAL HISTORY**

PATIENT NAME \_\_\_\_\_ TODAY'S DATE \_\_\_\_\_

**DO YOU HAVE OR HAVE YOU HAD ANY OF THE FOLLOWING PROBLEMS OR DISORDERS**

- |   |     |    |
|---|-----|----|
| High blood pressure   | Yes | No |
| Low blood pressure  | Yes | No |
| Heart murmur or mitral valve prolapse   | Yes | No |
| Any type of heart condition/attack/surgery  | Yes | No |
| If yes, describe _____  |     |    |
| Prolonged or excessive bleeding   | Yes | No |
| Easy bruising   | Yes | No |
| Anemia  | Yes | No |
| Other blood or circulation problems   | Yes | No |
| Artificial joints   | Yes | No |
| Have you ever had a reaction or allergy to any drugs, pills, anesthetics, or medicines? | Yes | No |
| Which ones? _____   |     |    |
| Explain the reaction _____  |     |    |
| Drug abuse  | Yes | No |
| Treatment for drug abuse or alcoholism  | Yes | No |
| Treatment for an emotional disorder   | Yes | No |
| Diabetes  | Yes | No |
| History of diabetes in family   | Yes | No |
| Hepatitis, jaundice or other liver diseases   | Yes | No |
| Stomach trouble, colitis, or ulcers   | Yes | No |
| Fainting spells, dizziness, or seizures   | Yes | No |
| Sinus problems  | Yes | No |
| AIDS or HIV   | Yes | No |
| Immunological problems  | Yes | No |
| Arthritis, rheumatism, or other joint problems  | Yes | No |
| Respiratory problems, emphysema, bronchitis.  | Yes | No |
| Tuberculosis  | Yes | No |
| Kidney or bladder problems or infections  | Yes | No |
| Asthma  | Yes | No |
| Sexually transmitted diseases   | Yes | No |
| Thyroid problems  | Yes | No |
| Do you consider yourself a nervous person   | Yes | No |
| Are you under high stress   | Yes | No |
| Glaucoma or other eye diseases  | Yes | No |
| Do you wear contact lenses  | Yes | No |
| Skin lesions or diseases  | Yes | No |
| Treatment for any tumors, growths, or cancer  | Yes | No |
| Explain _____   |     |    |

- Are you under a physician's care now? Yes No  
In the past 2 years? Yes No  
Have you been hospitalized in the past 5 yrs.? Yes No  
if yes, for what? \_\_\_\_\_

Date of last physical exam or checkup: \_\_\_\_\_  
Findings \_\_\_\_\_

- How would you rate your health?  
 Good  Fair  Poor  Don't Know  
What pills drugs or medicines do you take on a regular basis (prescribed or over the counter, including vitamins or aspirin)  
\_\_\_\_\_  
\_\_\_\_\_

What have you taken in the past that has worked well for pain \_\_\_\_\_  
infection \_\_\_\_\_

- Do you eat a balanced diet? Yes No  
How many alcoholic beverages do you have in a day? \_\_\_\_\_  
in a week? \_\_\_\_\_

- WOMEN:**  
Are you pregnant? \_\_\_\_\_ If yes, how many months \_\_\_\_\_  
Are you trying to become pregnant? Yes No  
Are you going through or completed menopause? Yes No  
Are you now taking birth control pills? Yes No  
Do you know that antibiotics may cause birth control to be ineffective? Yes No

Do you smoke? \_\_\_\_\_ How much \_\_\_\_\_  
For how long \_\_\_\_\_  
Did you ever smoke? \_\_\_\_\_ How much \_\_\_\_\_  
When did you stop smoking? \_\_\_\_\_

Is there anything else or anything special you think I should know about your medical history? \_\_\_\_\_

I certify that I have answered all questions to the best of my knowledge. I will not hold Dr. Nasr, Dr. Sáenz, or their staff responsible for any errors that I may have made in the completion of this form.

Patient signature \_\_\_\_\_ Doctor signature \_\_\_\_\_

Medical history update:  
Date \_\_\_\_\_ Comments \_\_\_\_\_  
Date \_\_\_\_\_ Comments \_\_\_\_\_  
Date \_\_\_\_\_ Comments \_\_\_\_\_